

Douglas M. Johnson DMD

Family Dentistry
ORTHODONTICS & COSMETIC DENTISTRY

After Care Instructions

Immediate Dentures

Placement of Immediate Denture

- ◆ The denture should be kept in place until your appointment the next day. This will reduce the amount of swelling and control the bleeding in the areas where the teeth were extracted. You may get some bleeding from around the denture. If this happens, you may GENTLY rinse your mouth leaving the denture in place.
- ◆ You may have some discomfort after the anesthetic wears off. Take pain medication as prescribed if necessary. Also you may experience some bruising and swelling on your face. Use ice packs 20 minutes on 20 minutes off for the first 24-48 hours.
- ◆ You will want to have liquids and/or very soft foods for the first 3-4 days. You will want to re-introduce harder foods slowly as you become accustomed to your new denture.
- ◆ After your post-op appointment the next day you can then remove the denture and rinse your mouth with warm saltwater rinse 2-3x daily.
- ◆ You should remove the denture and brush it after every meal.
- ◆ If you develop sore spots from the denture, call for an appointment so we can adjust the denture. We will be placing a soft in-office relining material inside the denture sometime during the first 6 months of healing before the permanent relining is done.

When in doubt, call us. Your comfort and care is our top priority. We're always available – even evenings and weekends – so call us at (541) 928-5414 (Albany) or (503) 394-3345 (Scio).